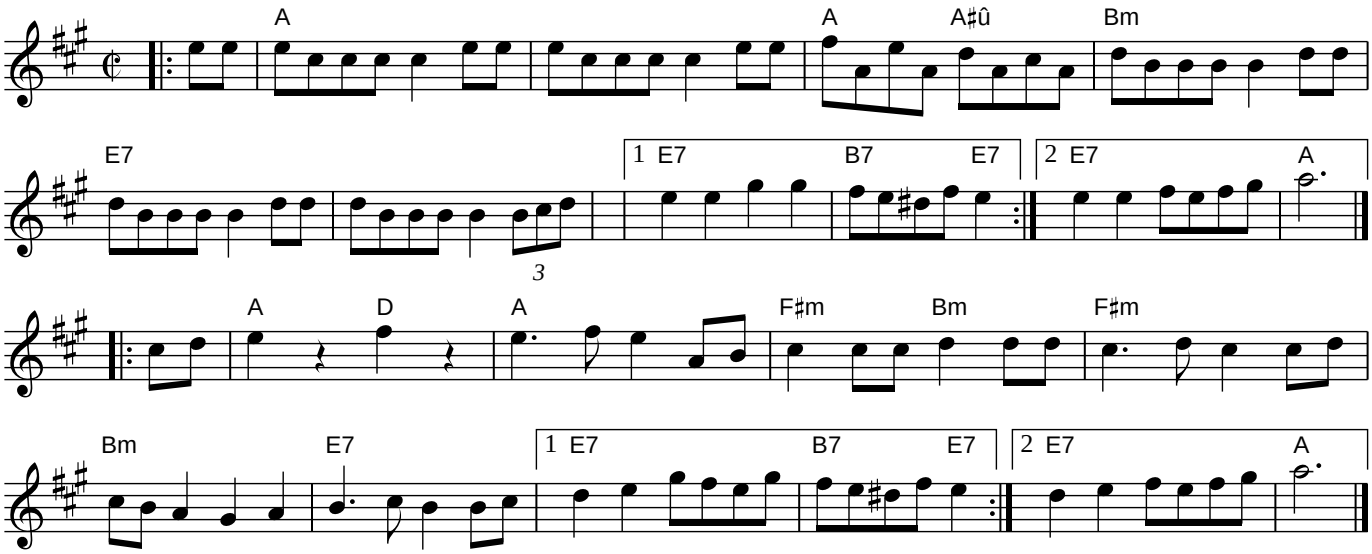Joys of Quebec